2020 FOR-MAR NATURE PRESERVE & ARBORETUM

FOR-MAR’S 50TH ANNIVERSARY VIRTUAL RACES

RACES FOR THE SUPERHERO IN YOU!

For-Mar is celebrating its 50th anniversary and since we aren’t able to do it in person, what better way to celebrate than by getting out on the For-Mar trails for a friendly virtual 5k and kids one-mile fun run.

Sponsored by Genisys Credit Union

OCTOBER 1ST-31ST

RACE COURSE:
The For-Mar 5K and one-mile trails start at the Visitor Center and end at the Treehouse. Race trail maps will be available at the Visitor Center and online. All racers will receive a t-shirt and a medal.

5K RUN/WALK - $20
KIDS 1 MILE FUN RUN - $10

PARTICIPATE: Sign up to Run, Walk, Hike, Hop or Fly through the For-Mar trails between October 1st – 31st.

Pick your own time and day to come out and enjoy a 5K or kids one-mile race at For-Mar. Can’t make it to For-Mar? No worries, you can choose to do your race in one of our other 25 Genesee County Park locations or even in your own neighborhood. So get dressed up in your best superhero gear and share your selfies on the For-Mar Facebook page.

Register before Oct 1st to get your race packets the week of Oct 5th, official packet pick up dates will be announced closer to the race. If you register after Oct 1st race packets will be mailed or picked up after November 1st.

REGISTER ONLINE:
https://www.athlinks.com/event/formars-50th-anniversary-virtual-5k-genisys-credit-union-341424
2020
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REGISTER ONLINE:
https://www.athlinks.com/event/formars-50th-anniversary-virtual-5k-genisys-credit-union-341424

REGISTER BY PHONE: Call 810.736.7100 ext. 892
REGISTER BY MAIL: Send form below and cash to: 2142 N. Genesee Rd. Burton, MI 48509
REGISTER IN PERSON: Drop off form below and cash at the Genesee County Parks Main Office (8am - 5pm) 5045 Stanley Rd. Flint, MI 48506

Last Name
First Name
Address
City/Town State Zip Code
Date of Birth Gender: M / F
Phone Number
Email Address

EVENTS - Check One
___ 5k Run/Walk.
___ Kids 1 mile fun run (Ages 16 and under)

ENTRY FEES - Check One
___ 5k Run/Walk $20.00
___ Kids 1 mile fun run (Ages 16 and under) $10.00

T-SHIRT SIZE - Circle One
Youth  YS  YM  YL  YXL
Adult  AS  AM  AL  AXL  AXXL ($1 Additional)

PAYMENT:
Cash $__

ALL PARTICIPANTS MUST SIGN WAIVER

In consideration of my participation in this event, I, for myself, my heirs, executors and administrators, waive all rights and claims for damages I may have against Genesee County Parks and Recreation Commission (the Commission), the sponsors of this event, their agents, representatives, successors, and assigns for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event.

The undersigned, on behalf of myself and the people listed below, do hereby consent to the use by the Commission of our name, photograph(s), likeness and voice for the use and re-use in conjunction with broadcasting, publicizing and advertising for the Commission. I further grant the Commission the right to license others to use and reuse the above cited material in the same manner.

Signature Date

For participants under 18 years old, this release must be signed by a parent or guardian and the following provision applies:

In consideration for allowing my child or ward, to participate in the above recreational event, the undersigned herewith releases the Commission, its agents, directors, officers, volunteers and employees (the released parties) for any and all liability for injuries or damages that result either directly or otherwise from my child’s or ward’s participation in the above described event, even if these injuries and damages arise as the result of negligence or culpable conduct on the part of the parties released. I further agree to indemnify and hold harmless the released parties named above for all claims against the released parties for expenses incurred by the released parties which are due to my child’s or ward’s participation in the above described event.

Print Name of Participant
Print Name of Parent or Guardian

Signature of Parent or Guardian Date

E-MAIL YOUR QUESTIONS TO: nferguson@gcparks.org or call 810.789.8567