

FOR-MAR'S 50TH ANNIVERSARY VIRTUAL RACES

RACES FOR THE SUPERHERO IN YOU!

For-Mar is celebrating it's 50th anniversary and since we aren't able to do it in person, what better way to celebrate than by getting out on the For-Mar trails for a friendly virtual 5k and kids one-mile fun run.

Sponsored by Genisys Credit Union

OCTOBER 1ST-31ST

RACE COURSE:

The For-Mar 5K and one-mile trails start at the Visitor Center and end at the Treehouse. Race trail maps will be available at the Visitor Center and online. All racers will receive a t-shirt and a medal.

5K RUN/WALK - \$20

KIDS 1 MILE FUN RUN - \$10

PARTICIPATE: Sign up to Run, Walk, Hike, Hop or Fly through the For-Mar trails between October 1st – 31st.

Pick your own time and day to come out and enjoy a 5K or kids one-mile race at For-Mar.

Can't make it to For-Mar?

No worries, you can choose to do your race in one of our other 25 Genesee County Park locations or even in your own neighborhood. So get dressed up in your best superhero gear and share your selfies on the For-Mar Facebook page.

Register before Oct 1st to get your race packets the week of Oct 5th, official packet pick up dates will be announced closer to the race. If you register after Oct 1st race packets will be mailed or picked up after November 1st.

REGISTER ONLINE:

<https://www.athlinks.com/event/formars-50th-anniversary-virtual-5k-genisys-credit-union-341424>

CAN YOU FLY THROUGH THE TRAIL AS FAST AS RED HAWK OR OWL GIRL? CAN YOU TRAVEL AS FAR AS THE MONARCH? HERE'S YOUR CHANCE TO TEST YOUR SUPER POWERS!



2020

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REGISTER BY PHONE: Call 810.736.7100 ext. 892

REGISTER BY MAIL: Send form below and cash to: 2142 N. Genesee Rd. Burton, MI 48509

REGISTER IN PERSON: Drop off form below and cash at the Genesee County Parks Main Office (8am - 5pm) 5045 Stanley Rd. Flint, MI 48506

Last Name _____

First Name _____

Address _____

City/Town _____ State _____ Zip Code _____

Date of Birth _____ Gender: M / F

Phone Number _____

Email Address _____

EVENTS - Check One

____ 5k Run/Walk.

____ Kids 1 mile fun run (Ages 16 and under)

ENTRY FEES - Check One

____ 5k Run/Walk **\$20.00**

____ Kids 1 mile fun run (Ages 16 and under) **\$10.00**

T-SHIRT SIZE - Circle One

Youth YS YM YL YXL

Adult AS AM AL AXL AXXL (\$1 Additional)

PAYMENT:

Cash \$ _____

ALL PARTICIPANTS MUST SIGN WAIVER

In consideration of my participation in this event, I for myself, my heirs, executors and administrators, waive all rights and claims for damages I may have against Genesee County Parks and Recreation Commission (the Commission), the sponsors of this event, their agents, representatives, successors, and assignees for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event.

The undersigned, on behalf of myself and the people listed below, do hereby consent to the use by the Commission of our name, photograph (s), likeness and voice for the use and re-use in conjunction with broadcasting, publicizing and advertising for the Commission. I further grant the Commission the right to license others to use and reuse the above cited material in the same manner.

Signature _____ Date _____

For participants under 18 years old, this release must be signed by a parent or guardian and the following provision applies:

In consideration for allowing my child or ward, to participate in the above recreational event, the undersigned herewith releases the Commission, its agents, directors, officers, volunteers and employees (the released parties) for any and all liability for injuries or damages that result either directly or otherwise from my child's or ward's participation in the above described event, even if these injuries and damages arise as the result of negligence or culpable conduct on the part of the parties released. I further agree to indemnify and hold harmless the released parties named above for all claims against the released parties for expenses incurred by the released parties which are due to my child's or ward's participation in the above described event.

Print Name of Participant _____

Print Name of Parent or Guardian _____

Signature of Parent or Guardian _____ Date _____

E-MAIL YOUR QUESTIONS TO:
nferguson@gcparks.org or call 810.789.8567