

# ADULT AND SENIOR PROGRAMS

## 2020

### TAKE A TRIP TO FOR-MAR

For-Mar is the perfect place for your group to gain a brand new appreciation for the natural world. For-Mar programs are led by experienced naturalists who engage participants in nature hikes, park tours, educational presentations and interactive demonstrations with For-Mar's animal teachers.

- Cost: \$5.00 per person; with a minimum fee of \$50.00 (additional cost may apply based on the program)
- All programs are required to be 100% outdoors at this time.
- For-Mar's picnic area and pavilion may be used for lunch or snack with prior notice, when available.
- For questions and reservations please contact: Nicole Ferguson at (810) 789-8567 or [nferguson@gcparks.org](mailto:nferguson@gcparks.org)



### PROGRAM TOPICS

#### **Welcome to For-Mar** - Length: Variable

Get to know For-Mar! Join us as we take a tour of For-Mar and learn about its amazing features and history!

#### **Backyard Birding** - Length: 2 hours

Join us in the treehouse for a birds eye view as we learn about the many feathered friends that love For-Mar. Learn birding basics on how to identify by sight and sounds and create a feeder that will encourage birds in your backyard as well.

#### **Michigan Wildlife Investigation** - Length: 2 hours

For-Mar Nature Preserve is home to a variety of wildlife species. Take a journey with a For-Mar naturalist through the property and meet some live animals along the way.

#### **Native Pollinators** - Length: 2 hours

For-Mar is filled with a large variety of pollinators from butterflies to honeybees. Join us as we investigate the importance of pollinators, tour our pollinator gardens, apiary and butterfly house and learn how you can attract pollinators to your backyard.

#### **Invasive Pests** - Length: 1.5 hours

Michigan landscapes are under constant threat of invasion from "alien" pests. These pests can displace our native plants and cause a trickle down effect within our ecosystem. Take a hike to see what invasive plants can do to our landscape and how you can learn to recognize them.

#### **Garden Walk** - Length: 1.5 hours (Seasonally available)

The Arboretum at For-Mar has a variety of gardens that house a wonderful collection of native and ornamental plants. Join us as we walk the grounds and explore the gardens to see the unique collections gathered throughout the years. We're sure you will see a plant that you will absolutely want to include in your garden.

#### **Snowshoe 101 Hike** - Length: 2 hours (Seasonally available)

Winter hiking can be hard, but with a pair of snowshoes, it becomes an easier adventure! Come learn the history of snowshoeing and how to use them. Then hit the trails to try snowshoeing first hand.

#### **Wild Edibles Hike** - Length: 1.5 hours ( Seasonally available )

Foraging for wild edibles is a great way to get in touch with nature and diversify your diet. Many of the plants that we call "weeds" can be a great addition to our diets and all it costs is a little time. Join us as we hike the grounds and see what mother nature has in her pantry.

#### **Seasonal Hike** - Length: 1.5 hours

Come travel the trails as we enjoy the beauty of the seasons and explore the many changes each season brings.

## FOR-MAR CAN COME VIRTUALLY TO YOUR ADULT AND SENIOR GROUPS

For-Mar Onbrings nature to you through our new virtual programming! For-Mar Naturalists provide interactive and engaging hands-on programs for adults of all ages.

- Cost: \$70 per program
- Time frame: 1–1.5 hours in length
- Virtual programs are limited to 30 participants
- For questions and reservations please contact: Courtney Prout at (810)249-2380 or [cprout@gcparks.org](mailto:cprout@gcparks.org)

## FOR-MAR VIRTUAL PROGRAM TOPICS

**Gardening Guru**—There are so many ways to garden. Learn about some unique small space gardening techniques and plant your own container garden to keep.

**Attracting Wildlife**—Are you a bird watcher or deer lover? For-Mar’s Naturalists will share interesting ways to encourage wildlife to your backyard.

**Citizen Scientists**—Explore the world of the Citizen Scientist. Use technology to participate in nation-wide research projects that allow every day citizens to contribute to the scientific research community.

**Leaves and Trees**—Meet the trees! Learn about the tree’s structure, identify local trees and investigate the importance of trees in our daily lives.

**Animal Investigation**—For-Mar Nature Preserve is home to a variety of wildlife species. Take a journey with a For-Mar naturalist through our native, animal kingdom and meet some live animals along the way.

## SPECIALTY IN-PERSON AND CUSTOM PROGRAMS:

**Fishing Basics** – Length: 2 hours ( Seasonally available )

Where: *Buell Lake County Park or Bluegill Boat Launch.*

We have the poles and the bait so let’s go fishing! Come join us at the lake as we learn or re-learn fishing basics from casting to fishing identification. Don’t wait; it’s time to go fishing with For-Mar.

### Custom Nature or Horticulture Program

Don’t see a program that has what you are looking for? For-Mar staff can also create unique programs that meet your group’s individual needs.

#### Covid-19 In-Person Program Guidelines:

- **Programs can have no more than 20 participants**
- **Masks and 6 foot physical distancing is required**
- **Temperature Checks and health screening waivers are required upon arrival**
- **The For-Mar Visitor Center, Treehouse and Gift Shop are closed until further notice**

