# SEPTEMBER PROGRAMS





## **SATURDAY 9,7**

10:30-12pm: MINDFULNESS HIKE-Meet @ Activity Field near boat launch

Join For-Mar Educators for a stroll around the park: engaging in stress relief and mindfulness techniques



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# SATURDAY 9.21

**10:30-12pm: SIGNS OF FALL**-Meet @ Activity Field near boat launch

Join For-Mar Educators to explore the campground for signs of autumn



#### **SATURDAY 9.14**

• 10:30-12pm: FLIGHT OF THE • MIGRATORS- Meet @ Activity Field near boat launch

Join For-Mar Educators for birdwatching tips and tricks. Binoculars will be available



### **SATURDAY 9.28**

**10:30-12pm: MINDFULNESS HIKE-** Meet @ Activity Field near boat launch

Join For-Mar Educators for a stroll around the park: engaging in stress relief and mindfulness techniques

Family-friendly programming presented by For-Mar Nature Preserve and Wolverine Campground staff. All programs are held at the campground registration pavilion unless specified. All programs are subject to change depending on weather conditions and demand