

ADULT PROGRAMS WITH FOR-MAR

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TAKE A TRIP TO FOR-MAR

For-Mar is the perfect place for your group to gain a brand new appreciation for the natural world. For-Mar programs are led by experienced nature educators who engage participants in nature hikes, park tours, educational presentations and interactive demonstrations with For-Mar's animal teachers.

- Cost: \$5.00 per person; with a minimum fee of \$60.00 (additional cost may apply based on the program)
- For-Mar's picnic area and pavilion may be used for lunch or snack with prior notice, when available.
- For questions and reservations please contact: Nicole Ferguson at (810) 789-8567 or nferguson@gcparks.org

PROGRAM TOPICS

Welcome to For-Mar - Length: Variable

Get to know For-Mar! Join us as we take a tour of For-Mar and learn about its amazing features and history!

Backyard Birding - Length: 2 hours

Join us in the treehouse for a birds eye view as we learn about the many feathered friends that love For-Mar. Learn birding basics on how to identify by sight and sounds and create a feeder that will encourage birds in your backyard as well.

Michigan Wildlife Investigation - Length: 2 hours

For-Mar Nature Preserve is home to a variety of wildlife species. Take a journey with a For-Mar naturalist through the property and meet some live animals along the way.

Native Pollinators - Length: 2 hours

For-Mar is filled with a large variety of pollinators from butterflies to honeybees. Join us as we investigate the importance of pollinators, tour our pollinator gardens, apiary and butterfly house and learn how you can attract pollinators to your backyard.

Invasive Pests - Length: 1.5 hours

Michigan landscapes are under constant threat of invasion from "alien" pests. These pests can displace our native plants and cause a trickle down effect within our ecosystem. Take a hike to see what invasive plants can do to our landscape and how you can learn to recognize them.

Garden Walk - Length: 1.5 hours (Seasonally available)

The Arboretum at For-Mar has a variety of gardens that house a wonderful collection of native and ornamental plants. Join us as we walk the grounds and explore the gardens to see the unique collections gathered throughout the years. We're sure you will see a plant that you will absolutely want to include in your garden.

Snowshoe 101 Hike - Length: 2 hours (Seasonally available)

Winter hiking can be hard, but with a pair of snowshoes, it becomes an easier adventure! Come learn the history of snowshoeing and how to use them. Then hit the trails to try snowshoeing first hand.

Wild Edibles Hike - Length: 1.5 hours (Seasonally available)

Foraging for wild edibles is a great way to get in touch with nature and diversify your diet. Many of the plants that we call "weeds" can be a great addition to our diets and all it costs is a little time. Join us as we hike the grounds and see what mother nature has in her pantry.

Seasonal Hike - Length: 1.5 hours

Come travel the trails as we enjoy the beauty of the seasons and explore the many changes each season brings.



FOR-MAR INTERACTIVE OUTREACH PROGRAMS

Our For-Mar Outreach Team brings nature to you! Invite For-Mar Nature Educators to your facility to provide interactive and engaging hands-on programs for adults of all ages.

Cost: 1 hour program—\$100, each additional hour or repeat of the same program is an additional \$50

- Programs are limited to 50 participants
- For questions and reservations please contact: Courtney Prout at (810)249-2380 or cprout@gcparks.org

FOR-MAR OUTREACH TOPICS

Attracting Wildlife – Are you a bird watcher or deer lover? For-Mar's Naturalists will share interesting ways to encourage wildlife to your backyard.

Weird Nature– Investigate the creepy, explore the crawly, and learn about the animals that go *bump in the night*.

Leaves and Trees - Meet the trees! Learn about the tree's structure, identify local trees and investigate the importance of trees in our daily lives.

MI Spectacular Animals– Michigan home to a variety of wildlife species. Take a virtual journey with a For-Mar naturalist through our native animal kingdom and meet some live animals along the way.

Seasonal Sensation– For-Mar Naturalist will highlight a phenological topic relevant to the season! Ranging from migrating birds, to fascinating insects, invasive species, or habitats that change through the year.

SPECIALTY AND CUSTOM PROGRAMS:

Fishing Basics – Length: 1.5 hours (Seasonally available)

Where: *Buell Lake County Park or Bluegill Boat Launch.*

We have the poles and the bait so let's go fishing! Come join us at the lake as we learn or re-learn fishing basics from casting to fishing identification. Don't wait; it's time to go fishing with For-Mar.

Snowshoe 101 Hike— Length: 1.5 hours (when conditions are present) Richfield, Linden, or Flushing County Parks. Winter hiking can be hard, but with a pair of snowshoes, it becomes an easier adventure! Learn about the history of snowshoeing and how to use them. Then try snowshoeing first hand.

Custom Nature or Horticulture Program

Don't see a program that has what you are looking for? For-Mar staff can also create unique programs that meet your group's individual needs.



DIVE DEEP WITH FOR-MAR MULTI PROGRAM SERIES

These series will engage and help participants dive deep into a topic.

Program Duration: 1 hour 20 minutes. The cost is \$90 per program, once a week, for 5 weeks (\$450 total).

- Programs are limited to 30 participants
- For questions and reservations please contact: Courtney Prout at (810)249-2380 or cprout@gcparks.org

Series Topics

Gardening Guru – There are so many ways to garden. Learn about some unique small space gardening techniques, propagation techniques, the art of keeping succulents, and more.

Aromatherapy and Beyond: Explore essential oils, their uses and the many products that can be created with them.

Visiting Naturalist– Invite a For-Mar naturalist to visit your site weekly or monthly for an interactive presentation about herbs, plants, Animals and how they survive a Michigan winter, and more! The topics are as wild as your imagination. Call to find a topic for your group.

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